



# The Art of Dreaming in Austria

September 16<sup>th</sup>-24<sup>th</sup>, 2023

\$3499 per person double (land only)  
\$799 single room supplement

Caddie Tours will be happy to handle all of your travel needs.



**Have you ever dreamed of exploring the unconventional, eccentric treasures of Austria? Are you eager to venture beyond the beaten path? Do you yearn for creative inspiration? Are you curious about paradox, metaphor and synchronicity in your dreams? Then this is the adventure for you!**

**Join DreamWorker and artist Victoria Rabinowe, along with singer-songwriter and author Tara O'Grady in the land of fantastic realism and extravagant opulence as they guide you on a unique excursion far off the beaten path. Stay in unconventional hotels, explore outlandish architecture, view eccentric artworks, and meet extraordinary fellow travelers, all while being lifted, landed, wined, and dined by Caddie Tours.**

**Throughout your voyage, you will find unlimited inspiration to fill the pages of a Dream Journey Journal. Creative writing, sketching, mapping and photography tutorials by Victoria will guide you to blend the mysteries of the inner world of dreams with the marvels of the outer world. This inspirational tour promises to be a voyage of soul-stirring discovery. Dreamers of all skill levels and backgrounds welcomed!**

## About Victoria & Tara

Victoria Rabinowe is an internationally recognized dream maven and mentor. She brings a unique perspective to the field of professional dreamwork. Her love of the arts guides her unending search toward the source of creativity by studying the enigmatic and richly metaphoric field of dreams. This personal quest has led to a universal wellspring of inspiration for her imaginatively unique workshops, seminars and retreats at the DreamingArts Studio in Santa Fe and over four continents. It has always been her dream to guide a group to Austria, the land of her ancestors. And Tara has been traveling back and forth to Austria much of her life as a lover of Klimt and Sacher Torte. She began attending Vienna's winter balls as a teenager, and even used to dream in German!

## HIGHLIGHTS

- Learn how to creatively explore your night and day dreams with dream maven, mentor and guide Victoria Rabinowe.
- Tour the rolling hills and taste the regional foods of Styria, the mountainous, forested part of southern Austria known for its wine, spas and castles.
- Wander through the astounding grounds of the unique Rogner Bad Blumau, one of the most architecturally unusual hotels in the world.
- Swim and soak in the colorfully tiled thermal spas designed by the famous Austrian architect Friedensreich Hundertwasser,
- Visit Graz, the capital of Styria, take the funicular to castle hill to overlook this UNESCO world site city and tour "the alien," a photovoltaic-skinned sexy biomorphic blob contemporary art museum.
- Explore the Art Brut at the Gugging Museum with an insider's tour of dream-like outsider art.
- Wander through the Ernst Fuchs Museum in the Otto Wagner Villa filled with the work of artists, sculptors and architects from the Vienna School of Fantastic Realism and the Vienna Secession movement.
- Eat authentic Austrian classics in a traditional Heuriger wine tavern.
- Stay in hotels designed by famous artists, renowned architects, and designers who have interpreted the art of hospitality.
- Relax with leisurely mornings and evenings with time for dream journaling and exploring night life.
- Attend seminars, tutorials, forums, group discussions, and on-site sessions in the Art of the Dream Journal.
- Travel in style by private coach bus in a rolling classroom as our driver escorts us to hidden art-filled gems off the beaten path.
- Stroll through village vineyards, wander through charming old-world towns, and discover magic.
- Taste sacher torte, a slice of chocolate heaven to inspire sweet dreams and bon bons from Victoria's grandfather's confectionary shop.

## September 16<sup>th</sup> – Depart the US for Vienna, Austria

Enjoy in-flight entertainment and meal service on your overnight flight.



## September 17<sup>th</sup> – Arrival in Austria

When we land in Vienna, our private coach bus driver will collect our small group at the airport and deliver us through the dreamy landscape of the rolling Styrian hills to our first destination - the unique Rogner Bad Blumau - the world's biggest livable work of art with golden domes, colored columns and facades emerging from steamy hot springs in a fairy-tale world. Our hotel/spa is the invention of a unique and unruly artistic vision designed by famous Austrian architect/ecologist Friedensreich Hundertwasser, an artist who did not believe in straight lines. (We recommend if you wish to reserve a spa service, do so before your departure from home to ensure availability of optional massages, beauty, and health treatments.) You will feel as if you entered a dream as you check-in, refresh, and meet the group for our welcome dinner of organic dishes, hearty salads and regional Styrian tapas.

**DINNER & OVERNIGHT – Rogner Bad Blumau hotel spa (D)**

## September 18<sup>th</sup> – Hundertwasser & Dream Workshop

Awaken from your dreams, wrap up in your bathrobe, take a thermal soak and enjoy an elegant breakfast buffet featuring ingredients from local organic farms. Spend the morning wandering on your own as your body and mind adjust to the sprawling grounds of this imaginative environment designed by Hundertwasser who believed in living harmoniously with nature. Walk on the grass covered rooftops, swim in the thermal, mineral rich curative pools (indoor and outdoor 7am-11pm). After a lunch of culinary delights on your own at one of our hotel's cafes, Victoria will offer an introduction to the Art of Dream Journaling in a colorful conference room where we can spread out with markers, pens, glue sticks, coffee and cakes to begin our Dream Journey Journals. We will enjoy dinner together of organic, regional and seasonal dishes. The evening is yours to journal or take another dip in the illuminated thermal pools.

**DINNER & OVERNIGHT – Rogner Bad Blumau (B, D)**

## September 19<sup>th</sup> – Graz Day Trip & Dream Journaling

Breakfast buffet with freshly ground organic coffee and bread straight out of the oven. At 10am our coach driver escorts us through the "Green Heart" of Austria to Graz, the designated cultural capitol of Europe nicknamed the *Capitol of Delight*. Take the funicular up the castle hill to tour the Schlossberg tower. Luncheon (on your own) of outstanding cuisine on the terrace over a panorama of baroque steeples and terra-cotta roofs of Graz' entire historic city. After lunch, we descend into the city center to find the surreal, contemporary art museum known as the 'friendly alien'. The museum is the photovoltaic-skinned sexy biomorphic blob that sits whimsically within its historic UNESCO world heritage surroundings. Take time out to journal in an old world café or to explore the winding cobblestone streets of Graz's picturesque historic buildings. On the 5pm coach ride return to Bad Blumau, we share dreams in dyads, journal solo or slip into a dream. Back at the spa, take a soak in the healing waters before (or after) a dinner of organic dishes, hearty salads and Styrian tapas with homemade Turkish bread and homemade pastries.



**DINNER & OVERNIGHT – Rogner Bad Blumau (B,D)**

## September 20<sup>th</sup> – Gugging Museum & Dream Journaling

After a leisurely breakfast, at 10am we drive two hours north while sharing dreams in dyads, journaling solo or dreaming our dreams. We will lunch (on your own) at an old-world tavern on the road, then visit the Gugging Museum which features an astonishing collection of "outsider art" by residents of the Maria Gugging Psychiatric Clinic. Recognized by Jean Dubuffet as Art Brut ("raw" art) this is artwork created spontaneously, unbiased, outside the framework of academic or art theory education. Victoria will guide us through the weirdly wild and humorous dream art here. After exploring the museum, our driver will bring us to our Vienna hotel to check in during the late afternoon at our artsy boutique hotel located in Vienna's fashionable "Boboville" district, a magnet for urbane, creative spirits in the heart of Vienna. Take the evening off to relax with your dream journal on the rooftop terrace overlooking the city or explore the local night life.

**OVERNIGHT – Altstadt Hotel (B)**

## September 21<sup>st</sup> – Fuchs Museum, Dream Journaling, & Heuriger Wine Tavern

After breakfast at our sleek, boutique hotel, our driver will escort us to one of the most luxurious private museums in Vienna, the Ernst Fuchs Museum at the opulent Otto Wagner Villa. The estate features the architecture of Art Nouveau brilliantly bejeweled in Jugendstil splendor with precious Tiffany glass windows in the beautifully restored home of Otto Wagner. We will tour the museum collection of Austria's greatest 20th-century art deco artists, sculptors, and architects from the Vienna School of Fantastic Realism and the Vienna

Secession movement. Victoria will guide us through the extravagant and erotic dream art followed by time to journal our reflections in the Gallerie Café Esther. Afterward, we will drive to a dinner of impeccable Austrian cuisine at Fuhrgasslhuber, an old-world Huerige overlooking the vineyards that surround the historic village of Neustift am Walde. Almost frozen in time, its rural charm and idyllic gardens feel like a time capsule of old Vienna. Take the evening off to relax with your dream journal on the rooftop terrace overlooking the city or explore the local night life.

**DINNER & OVERNIGHT – Altstadt Hotel (B,D)**

### **September 22<sup>nd</sup> – Hundertwasser Haus and Village & Free Afternoon**

After our buffet breakfast with organic butter, homemade jams, local cheese, and free-range eggs, we will take public transit to see more dreamy art and architecture by Friedensreich Hundertwasser, where we will be guided through the most comprehensive permanent exhibition of paintings by the Austrian artist and visionary. Following an optional lunch at the fancifully black and white tiled and tilted museum cafe, take the afternoon off to visit the nearby Hundertwasser House and Village, visit Freud's home, tour Vienna on your own, or join Victoria for a visit at a dream artist's atelier to meet local Viennese dreamer/artists. The evening is yours to relax with your dream journal on the rooftop terrace overlooking the city or explore the local night life.

**OVERNIGHT – Altstadt Hotel (B)**

### **September 23<sup>rd</sup> – Free Day to Explore & Farewell Dinner**

After breakfast, you have all day to explore the numerous sites Vienna has to offer, from cycling on Danube Island, to visiting the Belvedere Castle to see Gustav Klimt's The Kiss painting, to exploring the grounds of Schonbrun Palace where Maria Antoinette grew up, to shopping in the center near St Stephen's Cathedral, to hopping on and off the trams on the Ringstrasse to visit the many museums, to eating wiener schnitzel at any of the wonderful restaurants and cafes. Café Landtmann is a historic favorite for a coffee and slice of sacher torte where famous patrons from Sigmund Freud to Paul McCartney have dined. If you wish to join Victoria, she will introduce you to her famous 100-year-old family confectionary shop Altmann & Kühne followed by a tour of secret nooks and hidden architectural crannies from prewar splendor. We will end the trip with a farewell dinner featuring authentic Austrian tavern classics at 7pm at Gasthaus Grunauer restaurant located at Hermannsgasse 32, within walking distance of our hotel. There we will gather to share our dreams and discoveries throughout our journey.

**DINNER & OVERNIGHT – Altstadt Hotel (B,D)**

### **September 24<sup>th</sup> – Safe Journey Home**

After breakfast, our coach driver will escort the group to the airport in time to catch our flights home. Auf Wiedersehen and sweet dreams!

